

# Aerial Yoga With Orla Foley



**Classes Available In Limerick and  
Killaloe starting in January 2019**

Limerick Delta Sports Dome Studio 3 : Monday 7:10pm and 8:15 pm  
Wednesday 9:45 am

Kincora Therapy Killaloe : Wednesday 6:30pm  
Friday 9:30 am and 10:40 am

More Classes can be added subject to demand. Private Classes available.

**Contact Orla Physio Msc Mobile 087-6644140  
orlafoley@gmail.com to book now.**