

Faulty Sense of Development

Parental Stress: disapproval for the child's symptoms by society and/or family members and inadequate professional support

What Causes Parental Stress?

Spoiling:

- When a parent overindulges their child.

Faulty Sense of Development:

- Parents who hold unrealistically high expectations for their children's behavior are more likely to give them negative attention and cause frustration in their child since he or she might not be able to meet their parent's wishes.

Lack of Value of Play:

- Some parents don't realize that play is beneficial to intellectual development, language development and social development.

Spanking/ Discipline:

- The Academy of American Pediatrician's position on spanking is that it is an ineffectual method of discipline which pediatricians try to discourage. Spanking either doesn't work or creates distrust between the child and parent.

Prevention Ideas:

- Recognize signs of parental stress & be aware of the affect on both parents
- Know your resources and link parents to them.
- Assist in activities that support parents
- Share what you know - knowledge & encouragement [Parents view YOU as the expert!]

